



POWER HOUR SERIES 20th ANNIVERSARY!

NOW at **TRI-VALLEY ICE**



JUNE 16 & 30 | JULY 14 & 21 | AUGUST 4 & 11

12:15-1:15 p.m. 8u & 10u

1:30-2:30 p.m. 10u & 12u

2:45-3:45 p.m. 14u, HS & Adult

\$80 for each 2 day series

A hockey game is not the time or place for working on improving skating skills, establishing technique or changing habits. This is why players need to get the leading edge and skill train with Power Hour!

This in-depth series is limited to the first 20 players. For registration, detailed series information, and waivers, please visit <https://www.cathyspowerskating.com> or email cathyspowerskating@gmail.com